

## **CV: Curriculum Vitae (Resume)**

**Ids Jelle v/d Plas**

### **Personal Information:**

Name: I.J van der Plas (Ids)

Adress: Elias Vonckstraat 10 (temporary)

Postal Code + City: 8932 HK, Leeuwarden (temporary)

Phone number: 0969207293 (Thai number)

E-mail: Idsvanderplas@hotmail.com

Date of birth: 17-05-92

Place of birth: Groningen

Nationality: Dutch

Sex: Male



### **Education:**

2004- 2010: (Pre-university college, highest level possible) Osg. Piter jelles Stedelijke Gymnasium, Leeuwarden

2010-2011: (Pre-university college) VAVO Friesland College, VWO, Leeuwarden

2011-2012: (Pre-university college) VAVO Friesland College, HAVO, Leeuwarden

2013- ..... : (University of Professional Education) Stenden hogeschool, Leeuwarden. 'Human Recourses Management'

30/01/2016 - 14/07/2016 : Rangsit University, Bangkok Thailand, 'International Relations'

### **Professional Experience :**

2007-2009 Supermarket, Poiesz, Kollum

-Function: the re-stocker of shelves

-Tasks: re-stocking of shelves and helping out customers

- Part time, 10 hours a week

2010-2011 Effektief Groep schoonmaak Professionals, Leeuwarden

- Function: Cleaner

- Tasks: Cleaning at a University

- Part time, 10 hours a week

01/09/2011 - 02/01/2012 Grandcafé de Brass, Leeuwarden

-Functie: Souschef

-Tasks: Preparing lunches and several dishes for the customers

-Part time, about 30 to 40 hours a week

02/01/2012 tot 18/05/2012, Cendris, Nuon N.V., Leeuwarden

- Function: Callcenter agent
- Tasks: Outbound calls
- Part time, 24 hours a week.

13/06/2012 tot 9/12/2012, Enitor B.V., Buitenpost

- Function: production employee
- Tasks: loading and unloading, packer
- Parttime 32 hours a week.

2014/2015:

- This year I got by because of the profits I made with buying and selling products on auctions. I could not get a 'real' job because my school timetable changed every week.

01/09/2016 -24/09/2016, Sharp packiging sollutions, Heerenveen

Function: Packer

Part time: 32 hours a week.

Clarification: i quit this job a couple weeks ago because I saved enough money to buy a ticket to Thailand. I thought going back to Thailand would be the best way to find a internship in Thailand.

**Other activities:**

- 2013: Traveling trough Southeast Asia
- 2013/2015: Supervising at public facilities during public holidays.
- 30/01/2016: Exchange student in Bangkok, Thailand.

**Languages:**

- Dutch: Native
- English: Fluent
- German: Average
- Thai: Beginner, But I am very eager to learn Thai! (Phom phood thai dai nidnoi na krap)

**Strongest competencies:**

- Undertaking
- Eager to learn
- Supporting
- Strategic

**Hobbies:**

- Traveling
- Excercise
- Networking
- Strategy

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Results

## List of results of I.J. van der Plas (321648)

### Stenden (updated until 17-10-2016)

Work load in  ECTS (1 credit  $\equiv$  28 hours)  Points (1 point  $\equiv$  40 hours)  Hours [Show again](#)

No rights can be obtained from this information

	Courses	Score	Date	Percentage	Score	EC
HR2AV	Advisory Skills	7.4	12-06-2015		7.4	3.0
HR3AOP	Labour and Organisation Psychology	4.3	01-02-2016		4.3	
HR1AM1	Labour Market 1	6.3	06-05-2014		6.3	3.0
HR3AM2	Labour Market 2	5.7	09-02-2016		5.7	3.0
HR1BC	Oral Communication	5.5	08-11-2013		5.5	3.0
HR1BE	Accounting	6.1	16-01-2014		6.1	3.0
HR2BC	Corporate Communication	7.0	04-11-2014		7.0	3.0
HR2CHA	Change Management	8.8	10-08-2015		8.8	3.0
HR2COA	Coaching	7.0	02-04-2015		7.0	3.0
HR2CM	Competence Management	8.0	01-02-2015		8.0	3.0
HR2CON	Creative- and conceptual thinking	7.5	08-12-2014		7.5	3.0
		1.0	24-11-2014			
HR1EN1	English 1	6.3	06-01-2014		6.3	3.0
HR1EN2	English 2	8.2	20-06-2014		8.2	3.0
HR3EXOP1	External Assignments 1	6.5	14-02-2016		6.5	3.0
HR3EXOP2	External Assignments 2	6.0	14-02-2016		6.0	3.0
HR1FI	Finance	6.9	17-02-2014		6.9	3.0
HR2HRD1	HRD 1	7.1	15-04-2015		7.1	3.0
HR1HRM1	HRM 1	6.5	27-03-2014		6.5	3.0
		4.8	14-02-2014			
HR2HRM2	HRM 2	6.0	01-11-2014		6.0	3.0
HR2HRM3	HRM 3	7.0	01-03-2015		7.0	3.0
HR1LB1	Career Counseling 1	6.8	23-05-2014		6.8	3.0
		3.4	08-05-2014			
HR2LB2	Career Counseling 2	6.9	13-06-2016		6.9	3.0
HR1MA6	Management and Accounting	7.6	28-11-2013		7.6	6.0
HR1MAR1	Marketing 1	7.3	02-07-2014		7.3	3.0
HR2MAR2	Marketing 2	5.6	17-02-2016		5.6	3.0
		5.0	29-01-2015			
		4.6	05-11-2015			
HR2MED	Mediation	6.7	26-06-2015		6.7	3.0
		4.6	07-04-2015			
HR2MC3	Oral Communication 3	6.5	19-01-2015		6.5	3.0
HR1ON1	Research 1	7.3	29-04-2014		7.3	3.0
		1	14-02-2014			
HR1ON2	Research 2	8	12-05-2014		8	3.0
HR1ONTS	Job Termination	8.1	11-04-2014		8.1	3.0
HR1OM	Operational Management	5.5	30-06-2014		5.5	3.0
		5	20-06-2014			
HR2PP	Performance Rating	7.5	01-01-2015		7.5	3.0
HR2PD	Psychology and Diagnostics	6.7	28-05-2015		6.7	3.0

	Courses	Score	Date	Percentage	Score	EC
HR2RAG	Reintegration, Work and Health	5.4	08-05-2015		5.4	
		3.4	15-01-2015			
HR1RE	Law	5.5	26-06-2014		5.5	3.0
		4.3	11-04-2014			
HR1SC	Written Communication	5.5	25-04-2014		5.5	3.0
		5.3	28-03-2014			
		5	06-02-2014			
HR1SLB11	SPD 1.1 (Study Path Development)	7	24-03-2014		7	3.0
		1	14-02-2014			
HR1SLB12	SPD 1.2 (Study Path Development)	6	03-07-2014		6	3.0
		1	20-06-2014			
HR2SLB2	Study Path Development 2	7.7	28-01-2016		7.7	3.0
		1.0	30-06-2015			
HR3SLB3	Study Path Development 3	8.0	16-02-2016		8.0	3.0
HR2SM1	Strategic Management 1 (exam)	6.3	17-06-2016		6.3	3.0
		4.6	01-07-2015			
HR2SM2	Strategic Management 2 (Assignments)	6.3	02-07-2015		6.3	3.0
HR3SHRD	Strategic HRD	6.8	22-01-2016		6.8	3.0
HR3HPL	Strategic HRM - Annual Strategic Plan	6.5	02-10-2015		6.5	3.0
HR3REO	Strategic HRM - Reorganisation	6.5	01-01-2016		6.5	3.0
HR3ZVB	Strategic HRM - Absenteeism Policy	7.9	04-11-2015		7.9	3.0
HR3TB	Team Building	7.0	05-02-2016		7.0	3.0
KIPAD2-U1	U1: International Relations Concepts	6.8	19-07-2016		6.8	6.0
		6.6	05-09-2016			
KIPAD2-U2	U2: Public Communications Skills	8.4	19-07-2016		8.4	3.0
		6.5	05-09-2016			
KIPAD2-U3	U3: Mandarin	7.8	19-07-2016		7.8	3.0
		7.4	05-09-2016			
KIPAD2-U4	U4: Civil Society Participation Portfolio	8.5	05-09-2016		8.5	3.0
		7.6	19-07-2016			
HR2VAS	Elective Credits	6.0	07-10-2015		6.0	3.0
HR1VP	Oral Communication 2	6.6	12-06-2015		6.6	3.0
		1	27-06-2014			

Total realised credits **159.0 EC ( t/m 17-10-2016 )**

